

ASPEN INTEGRATIVE

MEDICINE

Menu of Tervices

Welcome to the Aspen Wellness Club! The Aspen Wellness Club offers the latest in modern and natural medical care with specialized labs, powerful peptides, adult stem cells, and cutting edge IV therapies! We're here to partner with you to detox your liver, heal your gut, get stronger, trim fat, balance hormones, and have abundant energy!

Peptides

Consultation required for peptide prescription.

Club Members receive 10% off peptides!

Brain

Memory Boost: Dihexa \$140

Brain Inflammation: CerebroFG \$900 | DiHexa \$720

Anxiety: Selank \$135

Nootropic/Mental Energy: Semax \$240

Neurodegeneration: Intranasal Insulin \$200 | Semax \$240 | Selank \$135

Skin

Skin and Hair Care: Cu-GHK injectable \$140 | sublingual \$80 | scalp foam \$160

Immune System

Immune Function: TA1 \$280 | TB4 \$310 | Thymulin \$300

Gut/Immune Health: BPC-157/TB4 \$600 | Sermorelin \$250 | BPC/KPV \$590 | Larazotide \$360

Chronic Viral Conditions: LL37 \$250

Nervous System

Peripheral Neuropathy/Burns/Frostbite: ARA290 \$230

Sleep Improvement: DSIP \$280

Metabolic & Musculoskeletal System

Body Building, Post-Surgical Healing: CJC/Ipramorelin \$290 | Sermorelin \$250

Weight Loss/Lean Body Mass: LipoMIC \$130 | SS31 \$500 | AOD9604 \$160 | 5amino1MQ \$450

Sports Injuries/Nerve Pain: BPC-157 \$310

Reproductive System

Men's Sexual Health: Foxo4-DRI \$570

Women's Sexual Health: Oxytocin Nasal Spray \$300

Fertility: Kisspeptin \$140

Longevity

Telomere Lengthening/Hormone Balancing/Anti-Cancer: Epithalon \$470

Cellular Senescence: Foxo4-DRI \$570 | Rapamycin \$125



O₃ Energy

500ml: Ozone, EDTA, B Complex, Methylcobalamin (B12), NAD+ Colds, allergies, fatigue, altitude effects, jet lag, performance, fat burning, pre-surgery \$500 non-member | \$300 club member

Super C Immune Boost

1000ml: Vitamin C (25g), Potassium, Magnesium, Calcium, B Complex, Methylcobalamin Long covid, lingering colds, lymes, EBV, HPV, fatigue, immune suppression, post-surgery \$500 non-member | \$300 club member

Pure Detox

500ml: EDTA, Vitamin C (10g), B Complex, Methylcobalamin, NAD+, Glutathione, ALA Heavy metals, post-chemo, post-surgery, hangovers, cardiovascular health \$500 non-member | \$300 club member

Deep Detox PC

500ml: Phosphatidylcholine, Glutathione, ALA, Methylcobalamin Skin, brain, cardiovascular, intelligence, neuro-detox, dementia, macular degeneration \$600 non-member | \$400 club member

O₃ Energy and Detox

1000ml: Ozone, EDTA, Vitamin C, B Complex, Methylcobalamin, NAD+, Glutathione, ALA Hangover, brain fog, cardiovascular health, fatigue, substances, heavy metals \$600 non-member | \$400 club member

Peace of Mind

500ml: Procaine, Methylcobalamin, Magnesium Sulfate, Sodium Bicarb, Potassium Chloride Nerve pain, calming, insomnia, chronic pain, brain injury, headache pain \$600 non-member | \$400 club member

Sides

IV Add On's: 1000mg Glutathione Push \$100 | 100mg NAD+ \$150 | 25g Vitamin C \$100 | Extra O3 \$300 Shots: Methylcobalamin (B12) \$50 | NAD+ \$100 | Vitamin D \$50 | Intranasal ozone \$50 | LipoMIC \$50

Consultations

Functional/Regenerative Medicine

Dr, John Hughes, DO | Dr. Gary Brown, DO

Chronic illness, weight loss, detox, fatigue, heavy metals, mold

Chronic pain, sports injuries, arthritis, brain injury, Alzheimer's, longevity

\$600 new patients | \$300 follow ups

Therapeutic Treatments

Regenerative Aesthetics

Stem cells, bioactive plasma, exosomes, and peptides for fine lines, wrinkles, elasticity, and complexion See next page for pricing

Osteopathic Therapy

Dr. John Hughes, DO | Dr. Gary Brown, DO General medicine, functional medicine, OMT, and associated therapies \$600 non-member | \$400 club member

Health Coaching

Ben Germann, RN, Chek Practitioner

Aligning mind, body, and spirit with a holistic lifestyle

\$400 non-member | \$200 club member

Body Work / Kinesiology

David Hatfield, L.Ac, LMT

Acupuncture, energy/body work for pain,
trauma/stress
\$600 non-member | \$400 club member

Add on 30 min \$200

Regenerative Treatments

RPC Injections

Adult Stem Cells (blood derived) and Bioactive Plasma

Chronic pain, sports injury, osteoarthritis, tears, sprains, herniation, bone spurts, aesthetics

\$5500 non-member | \$5000 club member | \$3000 each additional area

RPC Infusions

Adult Stem Cells and Bioactive Plasma IV and Intranasal Infusions

Brain health, concussion, TBI, dementia, mental fatigue, mood imbalance, vision disturbances, aesthetics

\$5500 non-member | \$5000 club member | \$3000 each additional area

Exosomes or PDPC

44 Billion Exosomes or Placental Derived Protein Complex

Joint inflammation, myalgias, asthma, allergies, systemic arthritis, rheumatoid arthritis, aesthetics

\$5500 non-member | \$5000 club member

Bioactive Plasma

Ozonated Plasma, Dextrose, Vitamin C, Magnesium

Recent or simple sports injuries, sprains, aesthetics

\$3300 non-member | \$3000 club member | \$2000 each additional area

Neural Therapy with Peptides

Procaine, Dextrose, Sodium Bicarb, Methylcobalamin (b12), B Complex, BPC-157

Nerve injury, neuropathy, post-op neuralgia, numbness, paresthesia

\$2200 non-member | \$2000 club member | \$2000 each additional area

*RPC includes pluripotent and hematopoietic stem cells plus bioactive plasma consisting of ozonated plasma, dextrose, vitamin C, magnesium. Exosomes and PDPC are allowed on per patient basis per state and federal regulations. Peptides GHK and BPC-157 are administered with RPC, PDPC, or exosomes at the doctor's discretion.

Lab Testing

All lab draws are \$200 PLUS testing fees below. Aspen Club Members draw fee is included in yearly membership.

Comprehensive Male Panel: \$360

CMP w/ GFR, CBC, Lipid Panel, TSH, T₃ Free, T₄ Free, Testosterone Total & Free, Estradiol (E₂), PSA Total, Sex Hormone Bind Globulin, IGF-1, FSH, LH, Ferritin, DHEA-Sulfate, CRP HS (Cardio)

Comprehensive Female Panel: \$375

CMP w/ GFR, CBC, Lipid Panel, TSH, T₃ Free, T₄ Free, Testosterone Total & Free, Estradiol (E₂), Progesterone, Sex Hormone Bind Globulin, IGF-1, FSH, LH, Ferritin, DHEA-Sulfate, CRP HS (Cardio)

Functional Health Essential Package: \$400

ANA, CBC w/ Diff, CMP w/ GFR, Cortisol, CRP HS (Cardio), DHEA-Sulfate, Estradiol (E2), Folate Serum, Hemoglobin AIC, IGF-I, Iron, Lipid Panel, Progesterone, Testosterone Total & Free, Thyroid Panel, Vitamin BI2, Vitamin D, CK Total, CEA

Functional Health Plus: \$900

ANA, CBC w/ Diff, CEA, CMP w/ GFR, Cortisol, CRP HS (Cardio), DHEA-Sulfate, Dihydrotesterone LC/MS, Estradiol (E2), Folate Serum, Ferritin, FSH, Hemoglobin AIC, IGF-I, Homocysteine, IGF-I, Iodine, Iron Binding Cap Total, LH, Lipid Panel, Lipoprotein (a), Magnesium Packed RBC, PLAC (Lp-PLA2), Pregnenolone LC/MS/MS, Progesterone, Total Thyroid Panel, Sedimentation Rate, Testosterone Total & Free, Uric Acid, Continuation

Core Wellness Labs: \$1,000

Functional Health Essential Labs - see above

Plus: Estrone (for women), PSA (Men), Insulin, APOB, EBV IgG, GGT, OxLDL

Plus: Urine Toxic & Essential Elements (Doctor's Data)

Comprehensive Wellness Labs: \$4,000

Core Wellness Labs - see above

Plus: Longevity Panel (Jinfinity), Cancer Screening (Galleri), TruAge Diagnostics

Specialty (urine/saliva-take home)

- DNA Oxidative Damage: \$220
- Glutathione and Hep Detox Profile: \$450
- Heavy Metals with Essential Elements: \$305
- EnviroToxin Complete with Organic Acid Testing (Mosaic): \$1400
- 11 Hormone Saliva Profile: \$290



SECA Body Composition Analysis

High level bioimpedance scale that measures muscle, water, and fat to determine how well you are losing fat and building muscle.

\$100 non-member | \$0 club member

Breath Analysis by PNOE

Biological age, VO2 Max, metabolic rate, and performance analysis (23 biomarkers total) - with initial fitness and nutritional consultation (in Snowmass only)

\$500 non-member | \$300 club member

WAVi Scan

Functional qEEG, voltage scanning, and concussion assessment tool that quantifies beta, alpha, and theta balance

\$500 non-member | \$300 club member

Cognitive Testing

Cognitive and psychological testing for concussion, athletes, dementia \$200 non-member | \$100 club member



Non-Members require an additional consultation for Wellness Packages

Liver Detox

Ultimate detox, EDTA/ALA, charcoal, magnesium, LipoMIC, health coaching, concierge care, labs Alcohol use, fatty liver, fatigue, brain fog, PMS, perimenopause, belly fat, dementia, exposure to toxins \$2500 non-member | \$2300 club member

Gut/Immune Healing

BPC-157/KPV, Perfect Amino, DHEA, Adrenergize, Biocomplete, TB4, TA1, health coaching, concierge care, labs

Bloating, colitis, inflammation, autoimmune, chronic immune, skin rash \$3000 non-member | \$2800 club member

Metabolic Boost

5 Amino 1MQ, Two-Per Day, DHEA, D-ribose, LipoMIC, SS31, sermorelin, health coaching, concierge care, labs

Lean body mass, weight loss, energy, performance, diabetes, insulin resistance \$3000 non-member | \$2800 club member

Endocrine Health

Trace minerals, Ultimate Detox, DHEA, Adrenergize, Shiligit, LipoMIC, sermorelin or CJC/Ipamorelin, FOX04-DRI, health coaching, concierge care, labs

Hormone imbalance, perimenopause, post-menopausal weight gain

\$3000 non-member | \$2800 club member



Benefits

One-year contract with annual automatic renewal

Access to the club location anytime during open hours

Unlimited One-of-a-Kind Extreme Hydration Formula while at the club

Stop-in testing with the SECA Body Composition Analyzer

IV Therapies, Lab draws, and Consultations at member rates (\$200/10% savings)

Wellness programs, oral nutrients, and peptides without need for practitioner consultation

Exclusive invites to after-hour parties and wellness events

Annual Fees

\$ 1K Founders (first 100 members)

\$ 2K Early Adopters (next 100 members)

\$ 3K Frequent Flyers (next 200 members)

\$ 5K Core Members (next 300 members)

\$ 8K Flagship Members (next 500 members)

\$13K VIP Members (next 800 members)

Membership is granted for the Wellness Club in Aspen as well as all future club locations (Boulder, Denver, Los Angeles, New York). Membership becomes more exclusive as more members are added. Memberships may be sold to another individual after the initial month with a \$200 transfer fee paid to Aspen Integrative Medicine. Email admin@aspenintegrativemedicine.com for more information on how to transfer your membership to another individual.