



ASPEN INTEGRATIVE
MEDICINE

Skin/Hair (for brightening skin and managing hair loss): Cu-GHK (injectable, sublingual, or scalp foam) Collagen powder, Perfect Amino, Extreme Hydration, Liposomal Vitamin C and Liposomal Glutathione, Apigenin, Phosphatidylchone oral and IV with glutathione, Two-Per-Day Multiple. *Add-on:* Rapamycin (mixed with Cu-GHK), Hair Factor 4 (DHT blocker), Liver and Gut Stacks

Brain Health: Dihexa (orally, for regeneration), CerebroFG by IV (for inflammation, post TBI, stroke), Semax (for memory boost, blood flow), Selank (for anxiety); low glycemic diet; MgBHB, MCT oil; Magnesium Threonate or Glycinate *Add-on:* Phosphatidylchone oral and IV with Glutathione, Intranasal Insulin, TBI Therapy protocols for Concussion, Alzheimers, Dementia with Bioactive Plasma, Stem Cells, and PDPC+ (Placental Derived Protein Complex)

Nerve Health (Neuropathy): Klotho, ARA 290; Magnesium glycinate *Add on:* Ozone/EDTA chelation and detox; Neural therapy with BPC 157, D5, and bicarbonate injections, Bioactive plasma with stem cells, PDPC+ (placental derived protein complex) or exosomes

Osteoarthritis/Sport Injuries: Bioactive plasma with stem cells, PDPC+ (Placental Derived Protein Complex) or Exosomes plus Ozone

Sleep: DSIP (add Tryptophan 1500mg orally for best results), Epithalon

Fertility: Kisspeptin (combine with Ultimate Detox for best results)

Chronic Viral condition (EBV, long CV, HSV, post-Lymes): Core Wellness Gut/Immune Protocols Plus LL37 (combine with High Dose Oral and IV Vitamin C And Ozone for best results)

Longevity (for Brain, Cardiovascular, Cancer and Fatty Liver Prevention): Comprehensive Wellness Program including Epithalon, Klotho. plus Arterasil, NMN and NMNH, TA65, Fisetin, Methylene Blue, Astragalus, Quercetin/Dasatinib, Butyrate, Coleus Forskoli, Saffron, Lithium 40mg/day, Optimized Tryptophan, D Ribose, Rapamycin; combine with Stem Cells, Health Coaching, Personal Training, etc for best results

Tanning/Libido: Melanotan II (avoid if you have a history of skin cancer, abnormal moles, etc.)

Cancer Support: IV and Oral Vitamin C plus Core Wellness Program, especially Liver and Gut protocols, add PNC27 and Epithalon for greater support