



ASPEN INTEGRATIVE
MEDICINE

Gut/Immune Healing

(Bloating, Colitis, Inflammation, Autoimmune, Chronic immune, Skin Rash)

Oral Supplements:

- BPC 157/KPV: 1 pill/day x 2 months
- Perfect Amino Powder: 1 scoop/day
- DHEA: (10mg for female, 25 mg male)
- Adrenergize
- Biocomplete 3 or Corebiotic: 1 pill 2x/day

Peptides:

- TB4 (Thymosin Beta 4): 0.25 cc
- TA1 (Thymosin Alpha 1): 0.25 cc

Health Coaching:

- One session with Ben Germann, RN from Fifth World Coaching (see fifthworldcoaching.com)

Concierge Care:

- 2 months of follow up care with physician by phone or email

Labs:

- Core Wellness Labs: CBC, CEA, CMP, Cortisol, CPK, CRP, DHEA-S, Estradiol, Folic Acid, HbA1C, IGF-1, Iron-total, Lipid panel, Progesterone, Testosterone (T +F+ SHBG), Thyroid Panel (TSH, T3 Free, T4 Free), Vit B12, Vit D (25 hydroxy)
- Estrone (for women), PSA (Men), Insulin, APOB, EBV IgG, GGT, OxLDL
- Urine Heavy Metals with Essential Elements

Program takes 6-8 weeks to complete

Base Price: \$3000 with labs, \$2000 without labs

Recommended Add-On Treatments: Iv Vit C Iv Therapy X 8-12 Sessions; Larazotide (for leaky gut), Activated Charcoal (bedtime only X 2 mos), Magnesium Glycinate 400mg /day (If no diarrhea), Gut Repair (Researched Nutritionals), Pectasol, Trehalose (Prebiotic Fiber), Sermorelin or CJC+Ipramorelin, Thymulin (thymus support) or Thymus PMG, LI37 (chronic viral), Pnc-27 (active cancer) or Epithalon (cancer prevention)

Recommended Add-On Testing: MTHFR (L620), Food Allergies IGE (P112), Advanced Intestinal Barrier Assessment (Precision-Analytics), ANA screen, TNF alpha, IL6, MMP, Spectracell Micronutrient Analysis, EnviroToxin Complete with Organic Acid Testing (Mosaic), Dutch Test, Intellixdna Genomic Profile, GI Maps Microbiome, 11 Hormone Saliva Panel